

# HELP?

## Where to go for help in **HALIFAX**

<b>Emergency</b>	<b>911</b>
Police (non-emergency)	902-490-5020
Non-emergency Health Concerns (24 hour services, 7 days week)	811
Victim Services	902-490-5300
Mental Health Mobile Crisis Team	902-429-8167
Help Line NS	902-421-1188

Legal Advice for Sexual Assault  
Survivors 211

### **SEXUALITY & HEALTH RESOURCES**

AIDS Coalition of NS	902-425-4882
Halifax Sexual Health Centre	902-455-9656
Youth Project (Sexual Orientation, Gender Identity)	902-429-5429

### **MENTAL HEALTH & WELLNESS**

Phoenix Centre for Youth	902-420-0676
Laing House	902-425-9018

### **SHELTERS**

Adsum House (women) Emergency	902-423-4443
General	